



# MLX i<sup>3</sup>Dome Triple Detox Therapy



# MLX i<sup>3</sup>Dome - The Ultimate Detox Booster

Far Infrared (FIR) • Plasma • Light

The Gharieni Triple Detox Therapy „MLX i<sup>3</sup>Dome“ is the new generation of detox treatments. Combining Far Infrared technology with Plasma and Light, this spa table offers 3 ultra-effective detox treatment methods in one.

#### Charge your batteries and detox

While the Gharieni FIR-technology stimulates the metabolism and the perspiration of the body with long-wave infrared rays through the MLX iDome, the additional Plasma- and Light-Therapy device (PLT) at the head section provides visible skin rejuvenation and detoxification area-

dy after the first use. Using the three therapies in such a well thought-out combination is much more effective, as all three therapies support and multiply the results of all individual treatments.

#### No therapist needed

The Gharieni MLX i<sup>3</sup>Dome concept works as a stand-alone therapy, where no therapists is needed. After the client is positioned on the MLX iDome and the PLT device, no hands are necessary to support the Gharieni MLX i<sup>3</sup>Dome detox therapy.

FIR-  
Therapy

Light  
Therapy

Plasma  
Therapy



# FIR- Therapy



The **Gharieni FIR**  
**technology** stimulates the body  
with Far Infrared rays

# What is Far Infrared?

First discovered by scientist Sir William Herschel in 1800, Far Infrared Rays (FIR) are invisible and present in sunlight. Initial research led to the discovery that not only were there already known visible rays – red, orange, yellow, green, blue and violet – but also invisible ones later named Infrared.

FIR are the healthy rays contained in sunlight that are responsible for photosynthesis, the process used by plants to produce energy and without which, there would be no life on earth. Approximately 80% of solar energy is made up of FIR and 60% is between the range of 10-20 microns. Far Infrared Rays are invisible wavelengths of light that are longer than that of visible light.

Safe and beneficial, FIR is a band of energy in the complete electromagnetic spectrum that has been used effectively for a very long time to treat/ease physical discomforts and illnesses. All living organisms are subjected to the natural electromagnetic radiation reaching the earth from the sun. When these invisible wavelengths of light are absorbed by the cells of the body, it is felt as heat and provides a warming and cocooning sensation.

Infrared saunas are only one of the avenues (and perhaps the oldest) to deliver the radiation in a controlled environment and within a convenient treatment time. With the development of better technology to deliver pure Far Infrared Radiation (FIR), the recognition of its benefits from its effects have significantly grown in the past few years and are now included in wellness protocols throughout the world.

Nobel Prize winner Albert Szent-Györgyi who discovered vitamin C, believed that all energy from the sun has a profound effect on us. His research showed that light can literally stimulate the body's basic biological functions – today's research shows that Far Infrared does indeed stimulate metabolism amongst other benefits. FIR do not cause sunburn and damage skin & should not be confused with Ultraviolet Light which do.



# Plasma Therapy

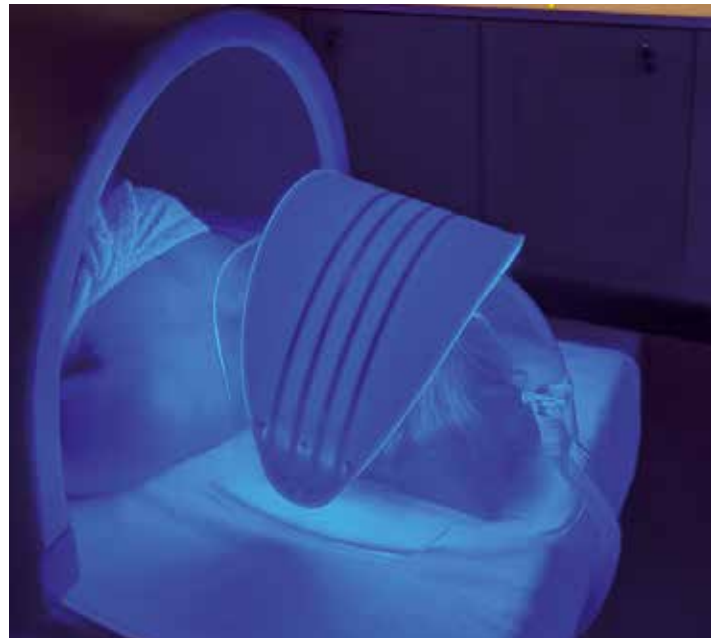
## Plasma for problem skin, anti-aging and revitalization

Plasma Therapy is an innovative method for cosmetic treatments. During the application, clients are exposed to the energy of oxygen (O<sub>2</sub>) in the form of applied electrically negatively charged ions.

Benefits include:

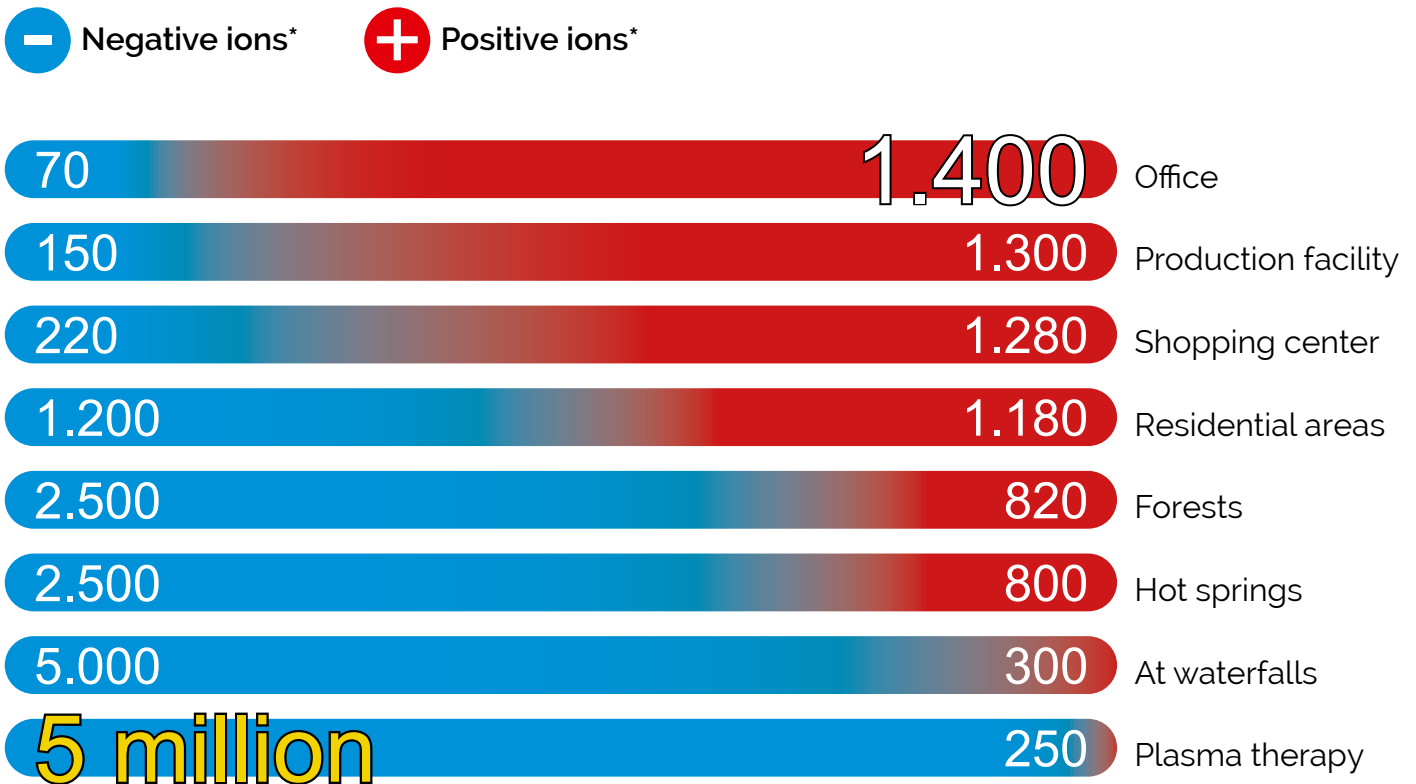
- Visible skin rejuvenation already after a few applications
- Maintenance of skin health
- Visible improvement of problem skin
- Increase of vitality & suppleness
- Positive support of the metabolism in the entire organism

Based on findings of quantum physics, Plasma Therapy are the negative ions collected from the ambient air and then directed into the specially coated PLT device where it combines with Light therapy. Ions penetrate through the skin to stimulate cell metabolism while there is simultaneous inhalation through mouth and nose thereby providing positive benefits for the whole body including organs and muscles.



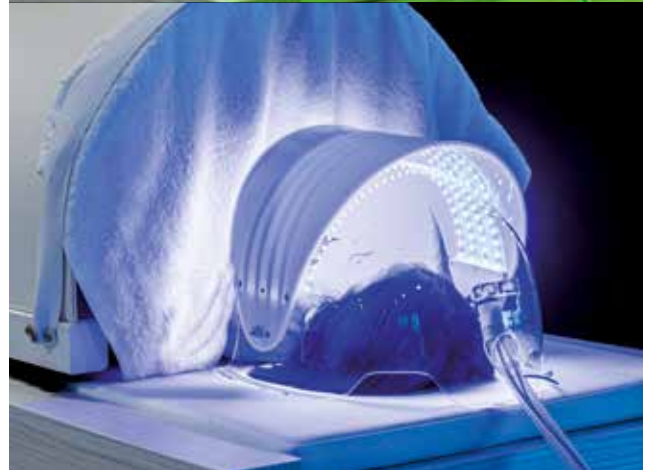
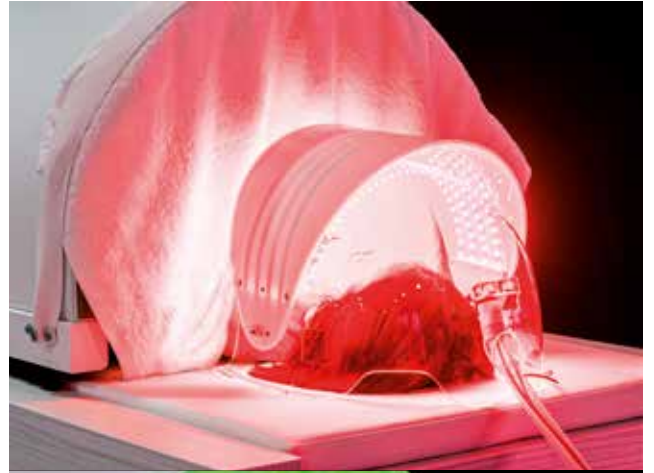


The more the better.  
Our organism needs electricity from  
the negative ions released by oxygen molecule.



\*Number of positive and negative ions per cm<sup>3</sup>

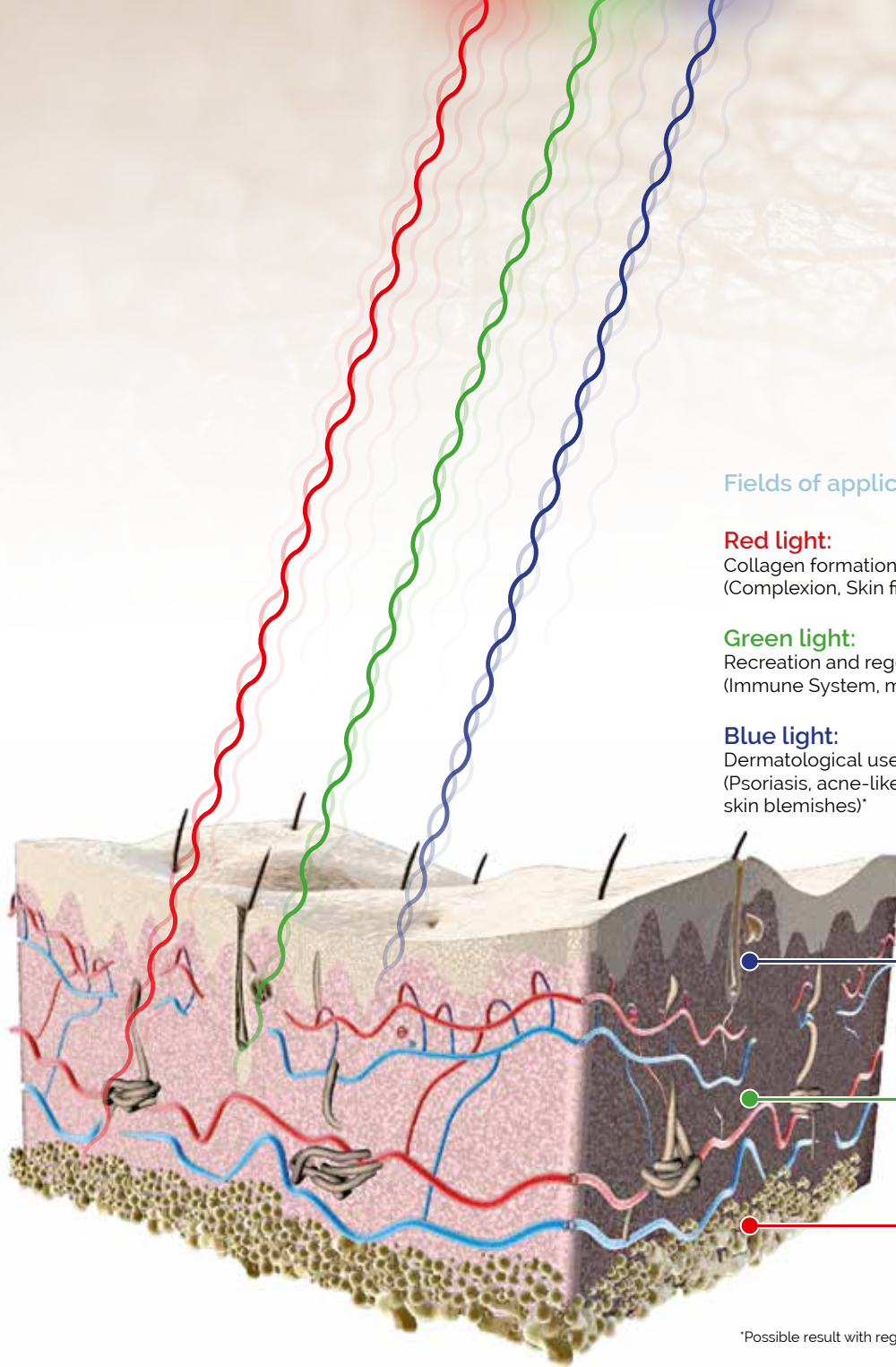
# Light Therapy



## Light therapy: scientifically proven and effective

Light treatment has been known for a long time and has been successfully used in treatments for decades. The effect of the colored light is reinforced by the negative ions.





## Fields of application for colored light treatment

### Red light:

Collagen formation / connective tissue  
(Complexion, Skin firmness)\*

### Green light:

Recreation and regeneration  
(Immune System, muscle and tissue cells)\*

### Blue light:

Dermatological use  
(Psoriasis, acne-like skin condition,  
skin blemishes)\*

\*Possible result with regular use

# MLX i<sup>3</sup>Dome





### Features:

- Available as iDome with Gharieni FIR technology or i³Dome with FIR technology and Plasma Light Therapy (PLT)
- Dome pneumatically adjustable with 2 gas lifts
- Lying surface height adjustable and inclinable
- Also available as Static model without lying surface adjustment
- Spacious drawer
- Standard upholstery color: White. Other colors from our Stamskin color collection at extra charge
- Base available in many decors (option)
- Including lying surface extension and neck pillow

## Gharieni MLX iDome Static



- Static table surface height: 54 cm (21.3 in)
- Length: 225 cm (88.6 in)
- Width overall: 90 cm (35.4 in)
- Table surface width: 70 cm (27.6 in)
- Load capacity of the table surface: 350 kg (770 lbs)

## Gharieni MLX iDome Electric



- Adjustable surface height: 54-94 cm (21.3 – 37 in)
- Length: 225 cm (88.6 in)
- Width overall: 90 cm (35.4 in)
- Table surface width: 70 cm (27.6 in)
- Lifting capacity: 300 kg (660 lbs)
- Load capacity of the table surface: 350 kg (770 lbs)



# MLX i<sup>3</sup>Dome

## Efficacy scientifically proven

Unexpected research findings after treatments in the Gharieni MLX i<sup>3</sup>Dome lead the way for integrating the Fitness workout and Spa experience in the Guest Journey

Continuing its commitment to Verified Wellness, the Gharieni Group, announces the results from the first part of continuing series of studies, on the proven benefits of the MLX i<sup>3</sup>Dome. This quantifies improvements in muscle recovery and wellbeing after treatments in the MLX i<sup>3</sup>Dome – following a workout.

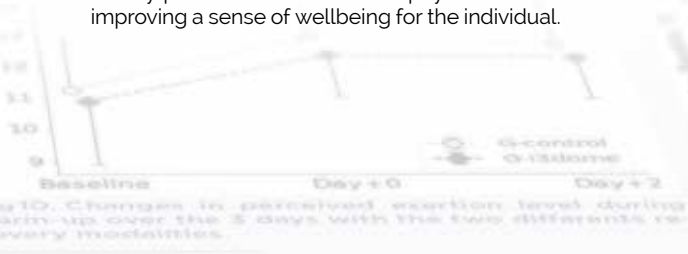
This new scientific study, for the Wellness industry, looks at how this Gharieni Wellness technology concept bed dramatically cuts the recovery period for muscles after physical exercise while substantially improving a sense of wellbeing for the individual.

The study, The Impact of Acute Exposure to MLX i<sup>3</sup>Dome in Recovery After Intense Exercise: Effects on blood and muscle parameters, sport performance and wellbeing, published in May 2021 examined how the Gharieni MLX i<sup>3</sup>Dome was instrumental in:

- Decreasing muscle soreness
- Improving blood PH
- Improving wellbeing

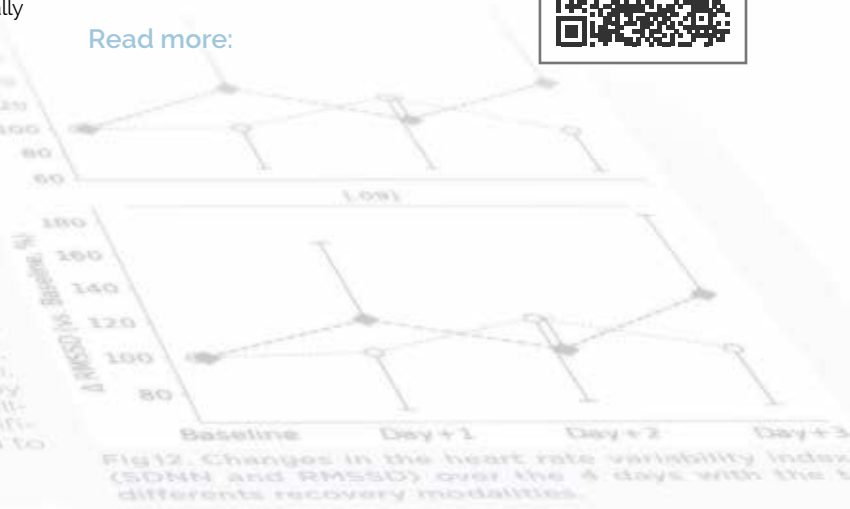


Read more:



### Wellbeing

The wellbeing levels assessed over three days, immediately after the 30 min recovery period, showed no change in the G-control condition. However, the wellbeing tended to increase day by day in the G-i3dome group (Fig 11). Moreover, wellbeing evaluated on Day+1 and Day+2 was significantly higher in the G-i3dome group compared to the G-control group.



Take-home messages

# MLX i<sup>3</sup>Dome clients

experience the Triple Detox Therapy here  
& in many more places.



Cartesiano Urban Wellness Center  
Mexico

*Photo: © Cartesiano*



The Johnstown Estate, Meath, Ireland

*Photo: © The Johnstown Estate*



Qua Spa at Caesars Palace Bluewaters, Dubai

*Photo: © Mandarin Oriental Doha*



Houstonian Trellis Spa, USA

*Photo: © Houstonian Trellis Spa*



**Moers, Germany | Sales + Showroom //** Gharieni Group GmbH • Gutenbergstr. 40 • D-47443 Moers

**Moers, Germany | Distribution + Service //** Gharieni Group GmbH • Am Schürmannshütt 24 • D-47441 Moers

Tel: +49 - (0) 28 41 - 88 300 - 0 • Fax: +49 - (0) 28 41 - 88 300 - 333 • [www.gharieni.de](http://www.gharieni.de) • [info@gharieni.com](mailto:info@gharieni.com)

**Ettlingen, Germany //** Gharieni Süd GmbH • Siemensstr. 11 • D-76275 Ettlingen

Tel: +49-(0)7243-3322-363 • Fax: +49-(0)7243-3322-391 • [ettlingen@gharieni.com](mailto:ettlingen@gharieni.com)

**Nederweert | BeNeLux //** Gharieni Nederland BV • Hulsenweg 14 • NL-6031 SP Nederweert

Tel: +31 (0) 495 - 63 30 36 • Fax: +31 (0) 495 - 62 66 63 • [www.gharieni.nl](http://www.gharieni.nl) • [info@gharieni.nl](mailto:info@gharieni.nl)

**Dubai | UAE //** Gharieni Middle East FZ-LLC • Park Hyatt Hotel • Dubai Creek Club St., P.O. Box 333203 • Dubai

Tel: +971 (0) 4 602 1819 • [www.gharieni.ae](http://www.gharieni.ae) • [info@gharieni.ae](mailto:info@gharieni.ae)

**Aventura | USA //** Gharieni USA Inc. • JW Marriott Miami Turnberry Resort & Spa • 19999 West Country Club Drive

Aventura Florida 33180 • Tel: +1 (855) 378 4772 • [www.gharieni.com](http://www.gharieni.com) • [info@gharieni.com](mailto:info@gharieni.com)